

DWIGHT  
 FLANAGAN CORNELL  
 PONTIAC  
 PRAIRIE CENTRAL  
 TRI-POINT  
 WOODLAND

# VOC

Livingston Area Career Center

## CAREER EDUCATION

the VOC NEWSLETTER

### LACC-CNA and Medical Terminology Classes

This year at Livingston Area Career Center we have a first year instructor Mrs. Beth Kuerth, RN. She comes to us with 23 years of nursing experience. Mrs. Kuerth has a wide variety of nursing exposure in her years of service. Born and raised in the Graymont Pontiac area she is married to her husband Kevin and has 4 boys, Kyle, Blake, Cole and Blaine.

The LACC CNA program is Junior/Senior Students with excellent attendance, academics, and who are seeking entry positions in nursing homes, hospitals, or home health care settings and those students interested in pursuing a career in nursing or other health care occupations. The course focuses on the basic nursing knowledge and skills needed to safely care for individuals with dignity and respect. The course meets Federal and State guidelines for nursing assistant training. Students practice certain skills on each other during classroom and other skills at clinical rotation to Evenglow Lodge and Evenglow Inn. In clinical, they are applying their learning to real life and taking care of residents. This practice is extremely valuable and helps them in real world situations. Upon successful completion of the program, the student will be eligible to take the required competency evaluation for nursing assistants. This course also offers dual credit with Heartland Community College, and students will receive 8 hours of college credit.

Another year long course offered by LACC is Medical Terminology. This course helps prepare students interested in the medical field by giving them a basis in the language of medicine. Medical Terminology is often a required course for any student wishing to



**Pictured above:**  
 During class, CNA students practice taking blood pressure.

pursue a career in the medical field. This course studies medical prefixes, roots, combining forms, and suffixes. Students will learn how to define and use medical terms as they relate to body structure and function, medical procedures, and general use in the medical profession. Spelling, pronunciation and abbreviation will also be emphasized. Medical terminology also offers 3 hours of dual credit through Heartland Community College.

### Co-op Student Spotlight



**Pictured above:** Co-op and Culinary student Jacob Libby and Culinary student David Bromley at work for Acres Inn.

### Fire Fighting

By Dillon Prendergast  
 "Modern firefighting techniques are founded on principles that predate almost all of their active practitioners. One of the most basic principles is that the firefighter's responsibility is to protect life and property. Whether paid or volunteer, there isn't a firefighter in the free world who is forced to join this profession. All do so by their own free will. When they take the oath of office, they commit themselves to uphold this ideal. It becomes their sworn duty." FDNY Deputy Assistant Chief John Norman (Retired).

Like so many people before them, the students of the L.A.C.C. Fire Fighting Class have taken their first steps toward the possible profession of public service as a firefighter. While the students attending the class are still undecided whether this is the career for them or not, some of them have chosen to pursue a career in fire service or serve as a volunteer within their communities. All of them have come to the realization that the profession as a whole is very demanding but worthwhile.

The students enrolled in the course were exposed to the expectations of a firefighter within the first three weeks of the school year. In week one, the students learned about the core values of a firefighter. This included having a discussion about having a solid work ethic, being a team player, being capable of leading others, being empathetic to the situation at hand, being willing to be unselfish, and being able to be trusted. During the following weeks, the students learned about why a fire fighters health and safety are important. They were fitted for all the firefighting gear that a fire fighter wears during a fire. They also learned about why communications is important on the job. The students have been practicing putting on the air packs fire fighters wear during a fire so they are able to breath. The students also



**Pictured above:** Fire Fighting Students training on how to handle, move, and flow water from a 1 ¼ inch hose line.

got a chance to go up in Pontiac Fire Departments Tower/Ladder truck. They were over 75 feet in the air. Students will participate in a physical agility test that requires them to stretch a charged 100 foot piece of hose filled with water, drag a simulated victim, climb a 50 foot aerial ladder, and complete a multitude of other physically demanding obstacles.

As you might expect, the class has been very busy during the first part of the school year. There are many goals and objectives set for this particular class. Just like the firefighters they aspire to be, they will rise to the challenge and meet these expectations head on...not as individuals, but as a group. As quoted by Lt. "Bull" McCaffery (played by Kurt Russell) in the movie BackDraft, "You Go, We Go." They are all in this class together by their own free will and in one voice, someday, they too may choose to take the oath to protect life and property.

### Quotes...

The secret of getting ahead is getting started.  
 Mark Twain

- LIVINGSTON AREA LACC CAREER CENTER**  
 Education Today...Skills For Life
- Automotive Technology
  - Certified Nurse Assistant
  - Computer Maintenance
  - Computer Networking
  - Construction Trades
  - Cosmetology
  - Culinary Arts
  - Early Childhood Education
  - Emergency Medical Technician
  - Engineering & Architectural Design
  - Fire Science
  - Inter-Related Cooperative Education
  - Law Enforcement
  - Medical Terminology
  - Office Information Processing
  - Visual Media Art
  - Welding Technology

**COURSES**

### LIVINGSTON AREA CAREER CENTER

1100 East Indiana Avenue  
 Pontiac, Illinois 61764  
 ph 815-842-2557  
 fax 815-842-1005  
 www.lacc.k12.il.us

### Students of the Month "March"

#### Julio Carranza

Prairie Central High School

Class: Engineering and Architectural Design II  
 Instructor: Ryan Woith



#### Riley Casner

Prairie Central High School

Class: Certified Nurse Assistant

Instructor: Beth Kuerth



### Regional Students of the Month "March"

#### Jacob Lucas

Pontiac Township High School  
 Class: Industrial Technology  
 Instructor: Ryan Woith

#### Jaedyn Casares

Pontiac Township High School  
 Class: Textiles  
 Instructor: Stephanie Nelson