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# VOC

Livingston Area Career Center

## CAREER EDUCATION

the VOC NEWSLETTER

Created By: LACC Students

### EMT Training at LACC

By Dillon Prendergast

The Emergency Medical Technician Class is in full swing this year. This is an Illinois Department of Health approved EMT curriculum. Upon completion of the class all students who are of 18 years of age will be able to take the state exam in an attempt to obtain their EMT license in the State of Illinois. The class is taught at the Livingston Area Career Center through a partnership with OSF St. James Hospital in Pontiac.

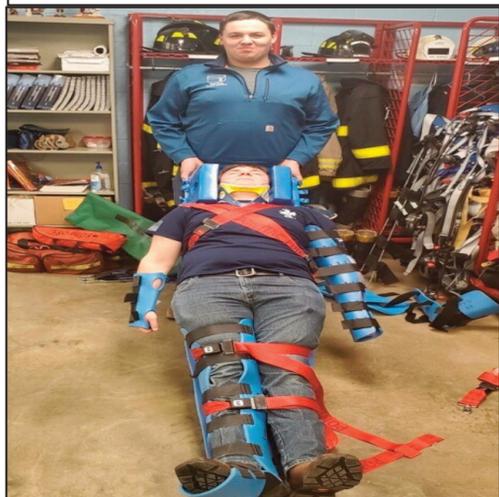
The students have been very busy and have begun learning how the EMS System works and understanding the importance of safety and well-being in the workforce. In the next couple of months the class will begin to learn anatomy and physiology, administration of medication, patient assessment, obtaining baseline vitals, airway management, and how to treat medical and traumatic emergencies.

In addition, the students have also become certified through the American Heart Association as BLS CPR / AED Providers.

The class, as a whole, is very willing and eager to learn more about the skills of being an EMT. The instructors are very pleased at how well the class is progressing and look forward to working with them during the rest of the school year.

If you are interested in becoming an EMT, please contact LACC for information on how to apply in the future.

Pictured below: EMT students practice proper transferring procedures in the classroom.



**National First Responders Day**  
 October 28, 2021

We are proud to train future first responders at the LACC

### Fire Fighting

By Dillon Prendergast

“Modern firefighting techniques are founded on principles that predate almost all of their active practitioners. One of the most basic principles is that the firefighter’s responsibility is to protect life and property. Whether paid or volunteer, there isn’t a firefighter in the free world who is forced to join this profession. All do so by their own free will. When they take the oath of office, they commit themselves to uphold this ideal. It becomes their sworn duty.” FDNY Deputy Assistant Chief John Norman (Retired).

Like so many people before them, the students of the L.A.C.C. Fire Fighting Class have taken their first steps toward the possible profession of public service as a firefighter. While the students attending the class are still undecided whether this is the career for them or not, some of them have chosen to pursue a career in fire service or serve as a volunteer within their communities. All of them have come to the realization that the profession as a whole is very demanding but worthwhile.

The students enrolled in the course were exposed to the expectations of a firefighter within the first three weeks of the school year. In week one, the students learned about the core values of a firefighter. This included having a discussion about having a solid work ethic, being a team player, being capable of leading others, being empathetic to the situation at hand, being willing to be unselfish, and being able to be trusted. During the following weeks, the students learned about why a firefighter’s health and safety are important. They were fitted for all the firefighting gear that a firefighter wears during a fire. They also learned about why communication is important on the job. The students have been practicing putting on the air packs fire fighters wear during a fire so they are able to breathe. The students also got a chance to go up in Pontiac Fire Department’s Tower/Ladder truck. They were over 75 feet in the air. Students will participate in a physical agility test that requires them to stretch a charged 100 foot piece of hose filled with water, drag a simulated victim, climb a 50 foot aerial ladder, and complete a multitude of other physically demanding obstacles.

As you might expect, the class has been very busy during the first part of the school year. There are many goals and objectives set for this particular class. Just like the firefighters they aspire to be, they will rise to the challenge and meet these expectations head on...not as individuals, but as a group. As quoted by Lt. “Bull” McCaffery (played by Kurt Russell) in the movie *Backdraft*, “You Go, We Go.” They are all in this class together by their own free will and in one voice, someday, they too may choose to take the oath to protect life and property.

As always, stay safe.



### Regional Students of the Month

“October”

**Mason Fiorini**  
 Pontiac Township High School  
 Class: Introduction to Business & Technology  
 Instructor: Emilyn Carter

**Brock Clement**  
 Pontiac Township High School  
 Class: Introduction to Industrial Technology  
 Instructor: Jodi Lancaster

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**Welding Technology**

COURSES

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 fax 815-842-1005  
 www.livcareer.org

### Students of the Month

“October”



**Jonathan Stock**  
 Pontiac Township High School  
 Class: Welding Technology II  
 Instructor: Jodi Lancaster



**Laura Schaffer**  
 Prairie Central High School  
 Class: Certified Nurse Assistant  
 Instructor: Beth Kuerth

**Quotes..**

“The only person you are destined to become is the person you decide to be.” — Ralph Waldo Emerson